

### **AmeriCorps**

Federal volunteer program similar to the Peace Corps, however the volunteers work in the United States. The Food Bank and some member agencies have hosted AmeriCorps members.

### **Ample Harvest**

AmpleHarvest.org, first released in May 2009, is an online resource to connect farmers and gardeners, who have excess food that they wish to donate, with local food pantries. Gardeners specify their location and how far they are willing to drive to donate food, and Ample Harvest provides a list of food pantries that meet the specified distance, their desired time of day/week to receive food, and Google Maps directions to the pantries.

### **BackPack Program**

Our BackPack Program provides children with nutritious, easy-to-prepare, kid-friendly foods to take home on weekends and school breaks, when they may be at most risk of being hungry. Bags of food are discreetly placed in a child's backpack each week, for the entire school year. Started as a pilot program with 3 sites in October 2005, the program is now offered in all 41 school districts in our service area and would not be possible without the district coordinators and school personnel.

### **Best Practices**

The most efficient and effective way of accomplishing a task, based on repeatable business practices that have proven themselves over time for large numbers of people.

### **CACFP: Child and Adult Care Food Program**

A federal program that provides meals and snacks to children in public or private nonprofit child care centers and Head Start programs; and also to adults in nonresidential adult day care centers. CACFP also provides meals to children residing in homeless shelters, as well as snacks and suppers through after school care programs.

### **CHOW®**

CHOW® is a grassroots food recovery and distribution organization that serves Broome County since 1976. CHOW® is a partner agency of the Food Bank and is designated as a ReDistribution Organization (RDO), a smaller, regional food warehouse that focuses on one county

[www.broomecouncil.net/chow](http://www.broomecouncil.net/chow)

### **CNR: Child Nutrition Reauthorization**

The Child Nutrition and WIC (Special Supplemental Program for Women, Infants, and Children) Reauthorization Act, or Child Nutrition Reauthorization (CNR) for short authorizes all of the federal child nutrition programs, many of which are school-based meal programs. These programs help ensure that low-income children have access to healthy and nutritious foods year-round. To ensure the continuation of these child nutrition programs, Congress must reauthorize them approximately every five years.

### **Community Food Centres of Canada**

A Community Food Centre (CFC) is a welcoming space where people come together to grow, cook, share and advocate for good food. People learn cooking and gardening skills there, and kids get their hands dirty in the garden and kitchen in ways that expand their taste buds and help them make healthier food choices. There are currently 12 CFCs across Canada. A group of Food Bank staff and agency representatives visited two CFCs in October, 2017 and are sharing their experiences at the 2018 Annual Agency Celebration. <https://cfccanada.ca>

### **FaHN: Food and Health Network of South-Central NY (SCNY)**

An eight-county coalition of diverse stakeholders working to build food-secure communities and a strong regional food system through collaboration. FaHN is an interdisciplinary, systematic, and regional approach to impact South Central NY's food system. The Food Bank is a member of FaHN. [www.foodandhealthnetwork.org](http://www.foodandhealthnetwork.org)

### **Feeding America**

Feeding America is the nation's largest domestic hunger-relief organization - a network of 200 food banks across the country. Feeding America secures donations from national food and grocery manufacturers, retailers, shippers, packers and growers and from government agencies and other organizations. Feeding America then connects this donated food and grocery product to member food banks, such as the Food Bank of the Southern Tier. In 2017, Feeding America named our food bank "Food Bank of the Year".

### **FBST: Food Bank of the Southern Tier**

To address hunger in the Southern Tier, we operate programs that promote our clients' self-sufficiency; educate the public about the problem of hunger; and advocate for legislation that protects people from going hungry. With our network of hunger relief partners, we acquire and distribute food and grocery products out of our warehouse in Elmira, NY to our neighbors in need. Last year, that food amounted to over 10 million meals through our direct-service programs and over 160 partner agencies across our six county service area. As a regional agency of Catholic Charities and a member of the Feeding America network of food banks, the Food Bank of the Southern Tier is leading the work to end hunger in our community and playing a vital role in solving root causes of poverty nationwide.

### **FIFO: First In, First Out**

First In, First Out is a best practice for managing the quality and safety of food. It is a method of inventory rotation in which the oldest items are shipped/distributed first to minimize waste.

### **Food Bank vs. Food Pantry**

A food bank acts as a hub to acquire millions of pounds of food and other products from a national and regional food network to distribute to community partners at the forefront of serving people in need. A food pantry functions as the arms that reach out to that community directly. A food pantry's mission is to directly serve local residents who suffer from hunger and food insecurity within a specified area. Independent community food pantries are self-governing and usually distribute food to their clients on a once-a-month basis.

### **Food Insecurity**

When the availability of nutritionally adequate and safe foods or the ability to acquire acceptable foods in socially acceptable ways is limited or uncertain.

### **FPL: Federal Poverty Line**

A measure used to determine the household income level for a family to be considered in poverty. The measurement was developed in 1965 by multiplying the USDA's economy food plan by three. The measurement is updated each year based on price increases reflected in the Consumer Price Index. Also referred to as the Poverty Line.

### **FRAC: Food Research and Action Center**

An anti-hunger research and advocacy organization headquartered in Washington, D.C. Feeding America's annual spring policy conference is co-hosted with FRAC, and FRAC often works in partnership with FA on public policy issues.

### **Gleaning**

Gleaning is the act of rescuing excess or unmarketable produce from a farm by local volunteers which then gets distributed to our neighbors in need.

### **Good Samaritan Law**

The Bill Emerson Good Samaritan Act of 1996: P.L. 104-210 (October 1, 1996) was designed to encourage the donation of food and groceries to non-profit charitable agencies. The law says that any business that donates to a non-profit organization in good faith is protected from legal liability should a donated product later cause harm to the end user/client.

### **Hunger**

A potential consequence of food insecurity that, because of prolonged, involuntary lack of food, results in discomfort, illness, weakness, or pain that goes beyond the usual uneasy sensation.

### **HPNAP: Hunger Prevention and Nutrition Assistance Program**

A program of the New York State Department of Health that assists Emergency Food Programs in providing enough adequate, nutritious food to clients through means such as the HPNAP Food Grant, HPNAP Operations Support - Capital Equipment Grant and the HPNAP Seed Grant.

### **HPNAP Food Grant**

A HPNAP grant provided to emergency food programs (pantries, kitchens, and shelters) that are partner agencies of the Food Bank for the acquisition of nutritious foods. Allocations are made based on service to the community and good standing with the Food Bank.

### **HPNAP OS-CE Grant: HPNAP Operations Support-Capital Equipment Grant**

A HPNAP grant awarded to emergency food programs (pantries, kitchens, and shelters), regardless of whether they are a partner agency of the Food Bank. Agencies can be awarded funds to cover operations costs such as staff, utilities, space, transportation, and food service disposables and/or capital equipment costs for large pieces of equipment such as fridges and freezers. Funding periods run from November to October. Applications and additional materials can be found on the Food Bank's website [www.foodbankst.org](http://www.foodbankst.org).

### **HPNAP Seed Grant**

A HPNAP grant provided as a start-up grant intended to be used as a "seed" to begin a new or enhanced service to an agency or emergency food relief organization. Seed grants encourage the development of projects that support innovative ways of confronting emergency food and/or nutrition needs of low-income people.



### **JSY: Just Say Yes to Fruits and Vegetables Program**

A New York State nutrition education program operated through the Food that teaches clients about nutritious food, make the most of their food budgets, and prepare foods in a safe manner using a workshop format with lesson plans, recipes, and cooking demonstrations featuring fruits and vegetables.

### **KFM: Kids' Farmers Market**

A program of the Food Bank of the Southern Tier that provides fresh produce and nutrition education to children from low-income families at summer meal sites and afterschool programs across the region. The program connects children with nutrition education and a reliable, year-round produce source essential for their health and development.

### **MFP: Mobile Food Pantry Program**

A fleet of refrigerated trucks that distribute foods - mainly dairy, fresh produce, and meats – and other grocery products to underserved neighborhoods and rural corners of the counties. This program 'fills in the gaps' in areas with unmet need and barriers such as rural communities, food deserts, and pantries that may only be open once a month. We host special distributions also - our Senior MFPs distribute to seniors in need at low income senior housing facilities throughout our six counties and our Campus MFPs serve college students at a number of campuses across the region.

### **NOEP: Nutrition Outreach and Education Program**

A Supplemental Nutrition Assistance Program (SNAP) outreach program, through which representatives offer screenings and enrollment help for potential SNAP beneficiaries at no cost. Each county has its own NOEP representative and the Food Bank currently employs the Chemung County representative.

### **NSLP: National School Lunch Program**

A federal program that provides free or reduced price lunches to more than 30 million low-income children in over 99,000 public and non-profit private schools and residential child care institutions each school day. The Food and Nutrition Service administers the program at the federal level. At the state level, the NSLP is usually administered by state education agencies, which operate the program through agreements with school food authorities. The NSLP is the nation's second largest food and nutrition assistance program. (Source: [USDA Economic Research Service](#))

### **PantryTrak**

A cloud based, paperless client management system that registers and serves clients, manages and stores data, and produces detailed reports. Currently utilized by many Food Banks nationwide, the Food Bank of the Southern Tier is rolling out PantryTrak to MFP distributions and our partner agencies by 2020.

### **PDP: Partner – Driven Pounds**

A program launched by the Food Bank of the Southern Tier in 2015 in which partner agencies report donations received from sources other than the Food Bank. The goal is to accurately capture data that reflects all of the hunger-relief efforts in the Southern Tier.

**SBP: School Breakfast Program**

A federally assisted meal program that operates in the same manner as the National School Lunch Program to provide free or reduced cost breakfast to children each school day.

**SFSP: Summer Food Service Program**

A federal program that provides meals to children in low-income areas during school vacations when kids do not have access to school breakfast or lunch. The SFSP is the single largest federal resource available for local sponsors who want to combine a feeding program with a summer activity program.

**SMF: Shared Maintenance Fee**

A fee to help cover part of the Food Bank's handling expenses including transportation of the food from the donor to the food bank, unloading, repacking, and eventual distribution to our partner agencies. As of 2018, agencies incur a SMF of \$0.18 per pound or less.

**SNAP: Supplemental Nutrition Assistance Program**

The new name of the federal Food Stamp Program. A federal program that enables low-income people to buy nutritious food with coupons and Electronic Benefits Transfer (EBT) cards at authorized retail food stores.

**SSI: Supplemental Security Income**

Federal cash assistance program for the disabled and elderly poor people; administered by the Social Security Administration.

**TANF: Temporary Aid to Needy Families**

Federal block grant that replaced Aid to Families with Dependent Children (AFDC) in 1996. TANF provides short-term, transitional assistance to needy families with the goal of promoting work and moving families to self-sufficiency.

**TEFAP: The Emergency Food Service Program**

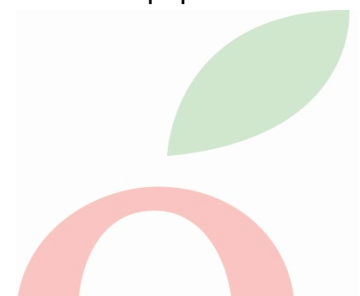
This program is operated by the United States Department of Agriculture (USDA). This is the program through which emergency food programs access federal commodities, such as dried lentils. From the USDA website: "The Emergency Food Assistance Program (TEFAP) is a Federal program that helps supplement the diets of low-income Americans, including elderly people, by providing them with emergency food and nutrition assistance at no cost.

**USDA: United States Department of Agriculture**

This federal agency is responsible for, among other things, administering federal nutrition programs including the Food Stamp, School Lunch, School Breakfast, TEFAP, CSFP and WIC Programs, and ensuring the safety of meat, poultry, and egg products.

**Universal School Breakfast**

School breakfast programs which provide breakfast at no cost to all students in the school. Currently schools are eligible to apply for participation in this program if 51% or more of their student population qualify for free meals.



**VISTA: Volunteers in Service to America**

One of the three programs operated under AmeriCorps in which participants work directly with organizations working to address poverty.

**VDC: Venison Donation Coalition**

Established in 1999, the VDC utilizes New York's deer resource to help those in need. Through this program, hunters can donate venison to the Food Bank at no cost to the hunter as long as the deer is 1) field dressed, 2) legally-tagged, and 3) brought to a VDC participating processor. For more information, visit [venisondonation.com](http://venisondonation.com).

**WIC: Special Supplemental Nutrition Program for Women, Infants, and Children**

A federal grant program administered by state health departments or comparable agencies that provides nutrition education, referrals and a variety of nutritious foods to low-income pregnant, breastfeeding, or postpartum women, infants and children up to age five to promote and support good health. The foods provided through WIC are a good source of nutrients often missing from the diets of women and young children.

**Working Poor:** A term used to describe people who maintain regular employment, but remain in poverty due to low wages and obstacles that make it difficult to save money.

