

Connecting Schools and Communities with Federal Nutrition Assistance Programs

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HUNGER SOLUTIONS
NEW YORK UNITING POLICIES AND
PROGRAMS TO END HUNGER

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Participants will better understand:

- The **crucial role** child nutrition programs serve.
- Some programs available to **safeguard children** where they learn, play, are cared for, and live.
- **How you can help** connect more youth and families with the nutrition they need to thrive.





Who are we?

Hunger Solutions New York is a statewide anti-hunger organization.

We increase **awareness** of, **support** for, and **participation** in federal nutrition assistance programs.

Food Insecurity (USDA)

Food Security Supplement to the US Census Bureau's Current Population Survey used to assess household food security

- Food-Secure
- Food-Insecure (2 classifications)
 - *Low Food Security*
 - *Very Low Food Security*

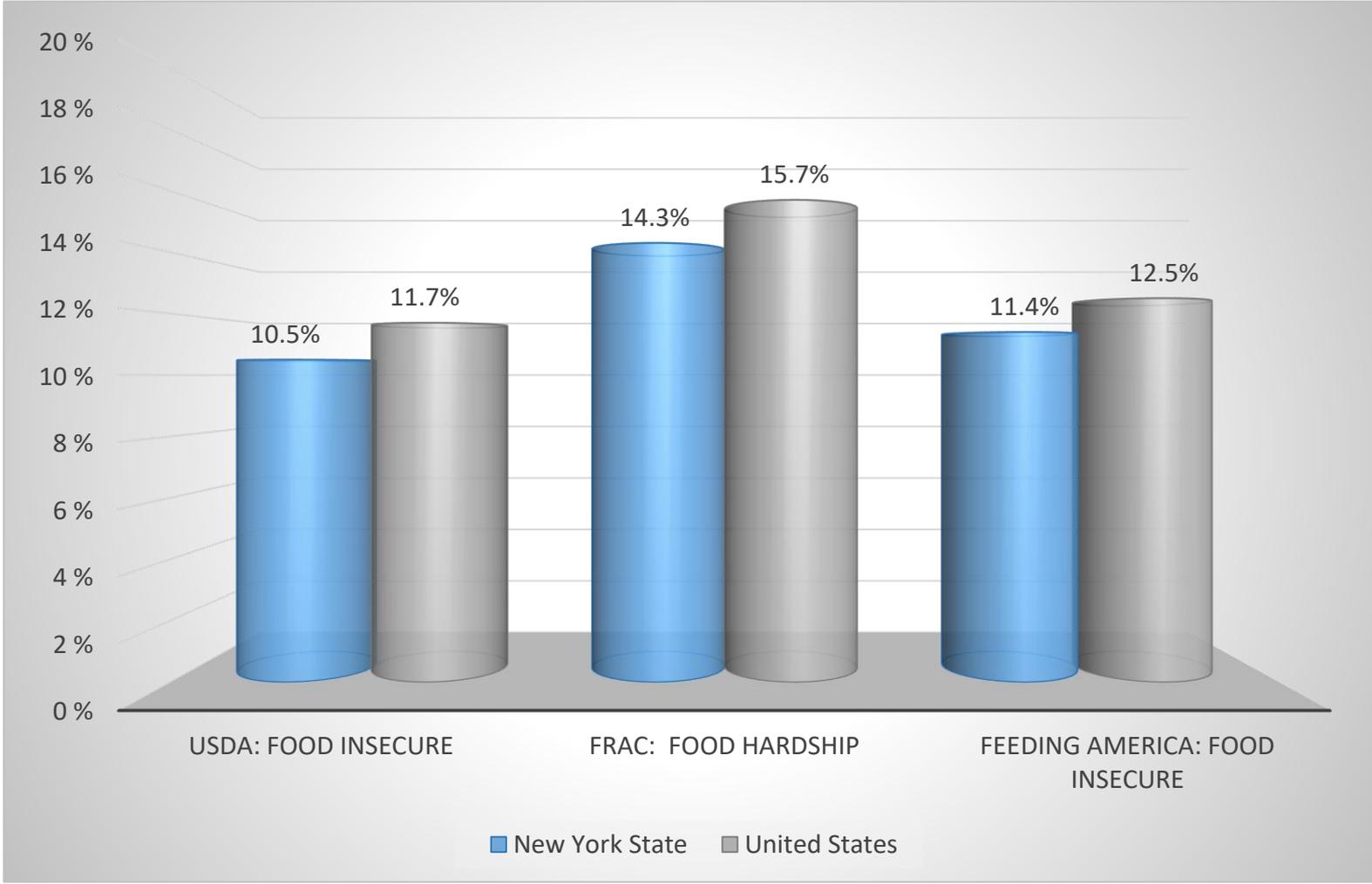
Food Hardship (FRAC)

Gallup-Healthways Well-Being Index used to assess household food hardship

The Meal Gap (Feeding America)

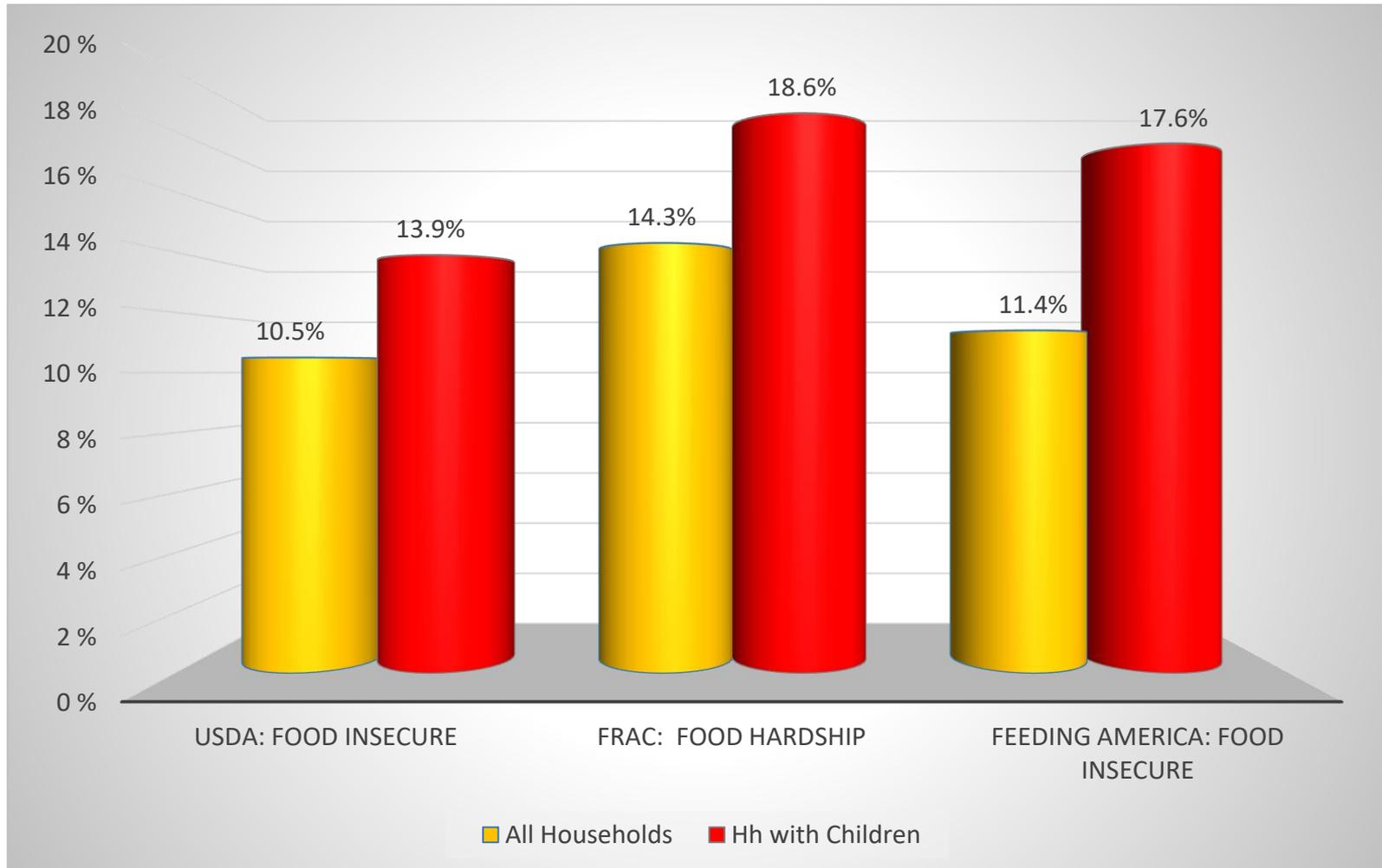
Analysis of the relationship between food insecurity and indicators of food insecurity (such as poverty, unemployment, homeownership)

Hunger Rates - US and New York



Sources:
USDA Household Food Security in the United States, average 2016-2018, published September 2019
How Hungry is America?, FRAC, June 2018
Map the Meal Gap, Feeding America, 2019

Hunger in Households with Children US and New York



Sources:

USDA Household Food Security in the United States, average 2016-2018, published September 2019

How Hungry is America?, FRAC, June 2018

Map the Meal Gap, Feeding America, 2019

Research on the impact of food insecurity on children:

- Inhibits the development of key social skills
- Linked to behavioral, emotional, and academic problems
- Difficulties with classroom engagement
- Increased risk of mental health issues
- Contributes to “toxic stress”



Hunger Solutions New York focuses on the following federal nutrition assistance programs:

- **School Breakfast Program (SBP)**
- National **School Lunch** Program (NSLP)
- Child and Adult Care Food Program (CACFP), including **childcare & afterschool meals** programs
- **Summer Food** Service Program (SFSP)
- Supplemental Nutrition Assistance Program (**SNAP**)
- Special Supplemental Nutrition Program for Women, Infants, and Children (**WIC**)



School Meals

Key Strategies:

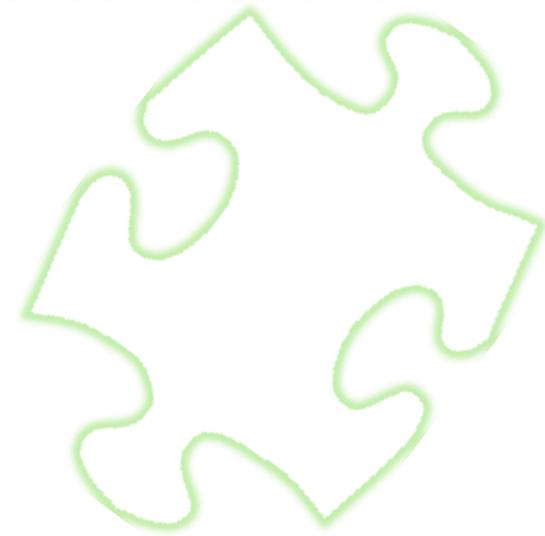
1. Improve access to the School Breakfast Program with Breakfast After the Bell
2. Offer universal school breakfast and lunch – where meals are free to all students regardless of income



Overview of the Basics:

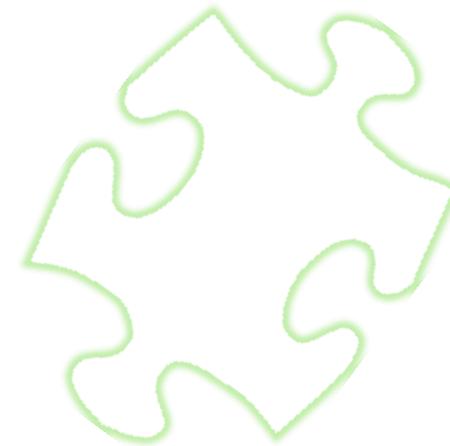
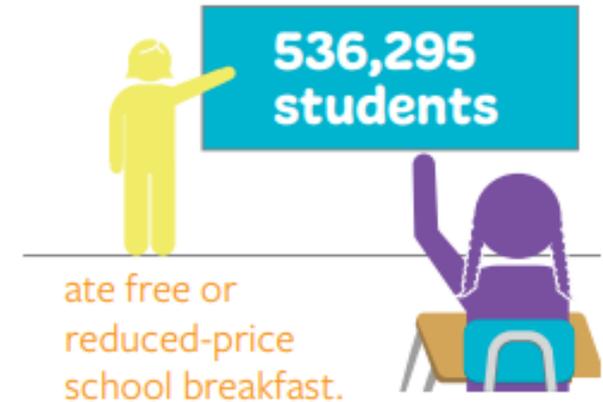
- A federally-funded meal programs for students in public, nonprofit private, and residential child-care institutions.
- Schools to offer meals at free and reduced-price rates.
- All meals must meet nutrition requirements.
- Schools receive reimbursements for each breakfast and lunch served.

Key Take-Away: School meals look different from district to district – connect and learn!



Statewide, in the 2017-2018 school year:

- Over **1.8 million students** certified to eat free and reduced-price breakfast.
- **1 in 3** low-income students ate free and reduced-price breakfast.
- **Only 48%** of students who eat free and reduced-price lunch also eat school breakfast.





School breakfast creates pathways for student success!



Children's achievement, well-being, and behavior are tied to their daily nutrition.

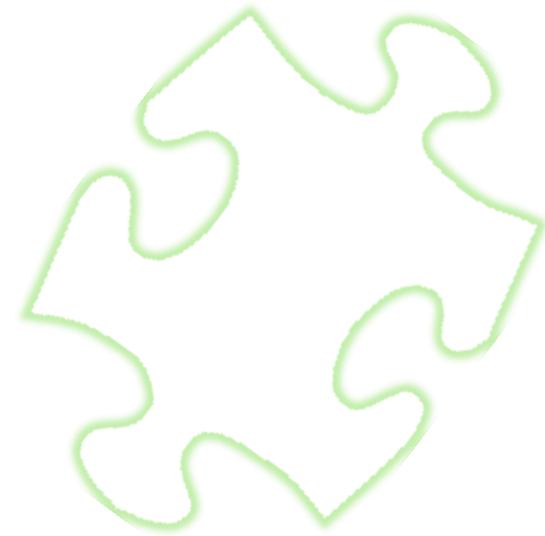
A robust body of research supports that school breakfast plays a critical role in:

- Reducing Hunger
- Bolstering Student Success
- Improving Health

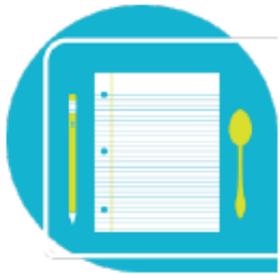
Goal: Increase access to and participation in the School Breakfast Program

Tactic: Promote and expand the use of key strategies that increase school breakfast participation.

1. Implement Breakfast After the Bell.
2. Provide free breakfast to all students (universal breakfast).



Offering breakfast after the start of the instructional day is a proven strategy to overcome timing and stigma—barriers common to a traditional school breakfast program.



Breakfast in the Classroom



Grab and Go



Second Chance Breakfast



The New Breakfast After the Bell Law

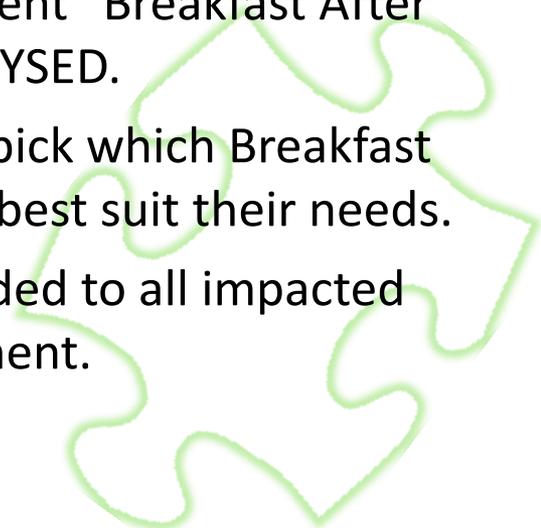
[Section 2, Part B of Chapter 56 of the Laws of 2018]

Public schools that have 70% or more of students who qualify for free and reduced-price school meals are required to offer all students a school breakfast after the instructional day has begun, also referred to as “Breakfast After the Bell.”



OVERVIEW OF THE REQUIREMENT:

- Schools required to implement "Breakfast After the Bell" are identified by NYSED.
- Schools have the choice to pick which Breakfast After the Bell model would best suit their needs.
- Start-up funds will be provided to all impacted schools to purchase equipment.



NEW & APPLICABLE TO ALL SCHOOLS:

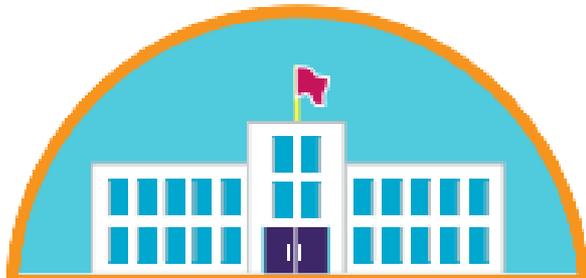
Education Law now includes:

“Time spent by students consuming breakfast in their classroom is considered instructional time when instruction is being provided.”

- New York State Education Law now clarifies that the time students spend eating breakfast in the classroom can count as instructional time.
- The most common concern of Breakfast in the Classroom is instructional time.



Offering free breakfast and lunch to all students, regardless of household income.



1.4 million students

attended a school with
universal school breakfast.

2,830 schools used
CEP to offer free
breakfast and lunch.

38 schools used
Provision 2 to offer
free breakfast only.

Methods for offering school meals at no charge:

- Community Eligibility Provision (*breakfast & lunch*)
- Provision 2 (*breakfast or lunch or both*)
- Non-Pricing (*breakfast*)

Community Eligibility Provision (CEP) Basics:

What?

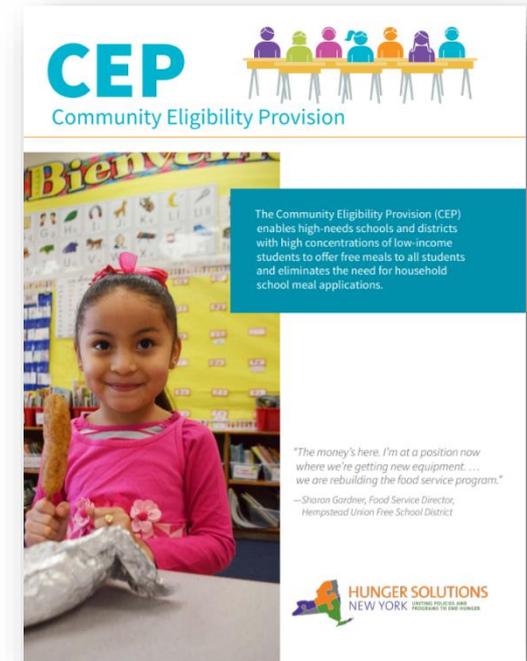
- A federal option that allows schools with a high percentage of students from low-income households to offer breakfast and lunch at no charge to all students.

Who?

- Any district, group of schools in a district, or individual school eligible for CEP with 40% or more “identified students” — children eligible for free school meals which are identified by other means than an individual household application—can choose to participate.

How?

- Reimbursement for meals is based on a claiming percentage derived from a federal formula that uses the percentage of identified students.



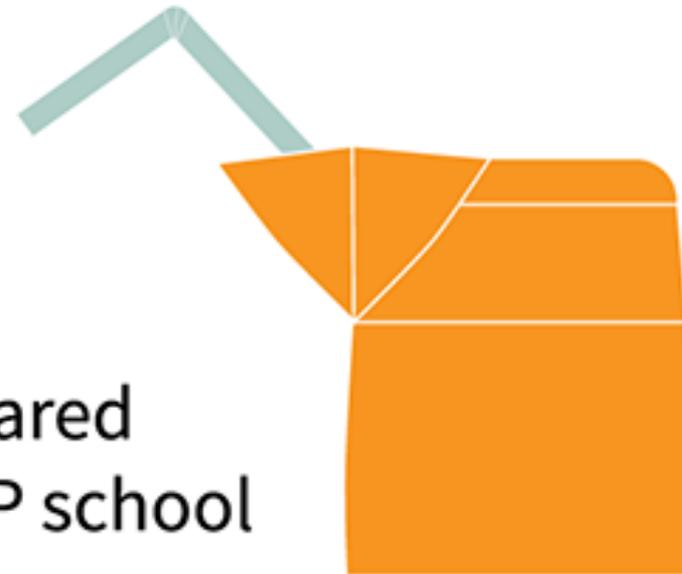
[Hunger Solutions New York's
CEP Factsheet](#)

Kids attending a school that is eligible for but not participating in CEP are at

2X

greater risk

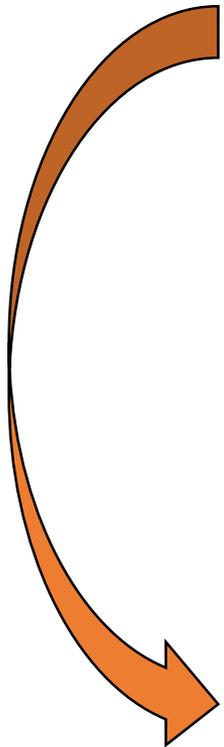
of food insecurity compared to kids who attend a CEP school





Results After Implementation of Universal:

- ✓ Improved student access
- ✓ Boost in participation
- ✓ No unpaid school meal balances
- ✓ More efficient school meal programs
- ✓ Higher-quality programs
- ✓ Simplified counting and claiming



Optimal conditions to easily switch to Breakfast After the Bell.



Why switch to alternative breakfast models?

Schools with universal breakfast find Breakfast After the Bell is a solution to:

- ✓ Marginal increases to breakfast participation
- ✓ Limited cafeteria capacity
- ✓ Time restrictions for breakfast service



Key steps to maximize school meal programs:

1. Raise awareness of the availability of school breakfast.
2. Improve student access to meals
3. Remove stigma
4. Connect eligible families with other child nutrition programs outside of school time.



Out-of-School Time Nutrition

Key Strategies:

- Serve complete **afterschool meals** through the Child and Adult Care Food Program.
- Serve and/or promote **summer meals**.
- Connect families with **SNAP** and **WIC**, in partnership with NOEP Coordinators and WIC Help NY Specialists.

- Administered by USDA at the federal level, and NYS Department of Health at the state level.
- Provides **reimbursement funding** to qualified care providers for serving **healthy meals and snacks** to youth in their care.
- Participation is linked with **healthy eating habits** and **positive health outcomes** for kids.



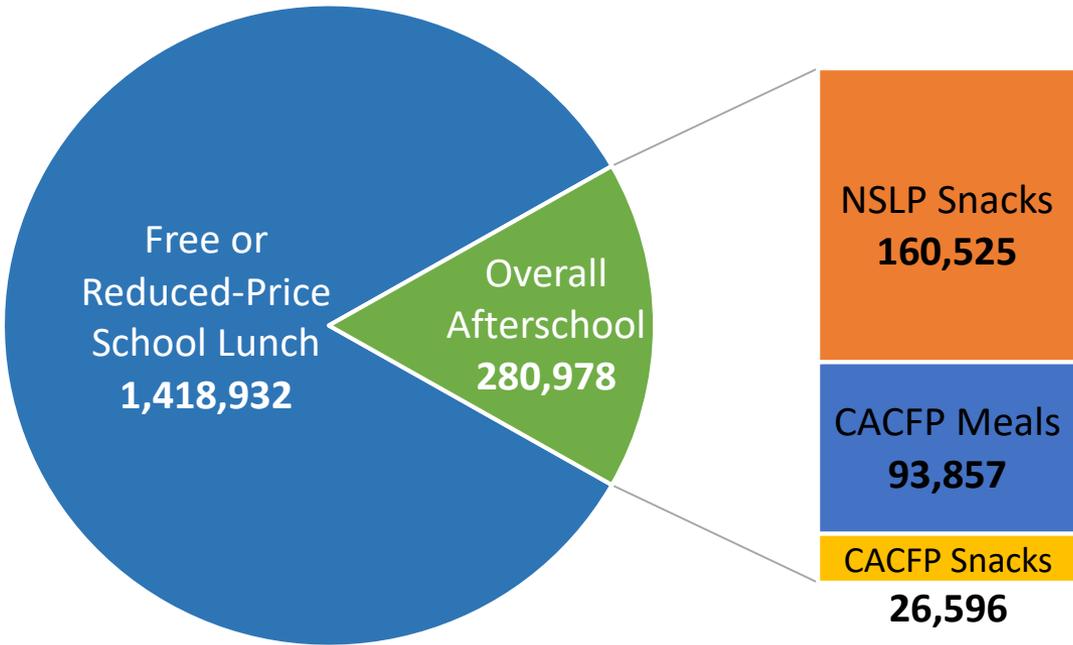
At-Risk Afterschool Snack/Supper

- Reimburses for healthy meals and snacks served **after school**, on **weekends**, and/or during **breaks** throughout the regular school year.
- Programs must provide at least one **enrichment activity** and be located within the enrollment area of a school where **≥50% of students** qualify for free or reduced-price school meals.
- Reimbursement rates for 2019-2020 school year: **\$3.41 per meal** and **\$0.94 per snack** served

Traditional CACFP may be an option for afterschool programs that are not area eligible for At-Risk Afterschool Snack/Supper.



National School Lunch Program (NSLP) and Child and Adult Care Food Program (CACFP) Average Daily Participation, New York, October 2018¹



For every **100** children who ate free or reduced-price school lunch in October 2018, **only 6.6 had access to an afterschool meal.**

¹Source: Food Research and Action Center, [Afterschool Suppers: A Snapshot of Participation](#), October 2019

Strategies for increasing access:

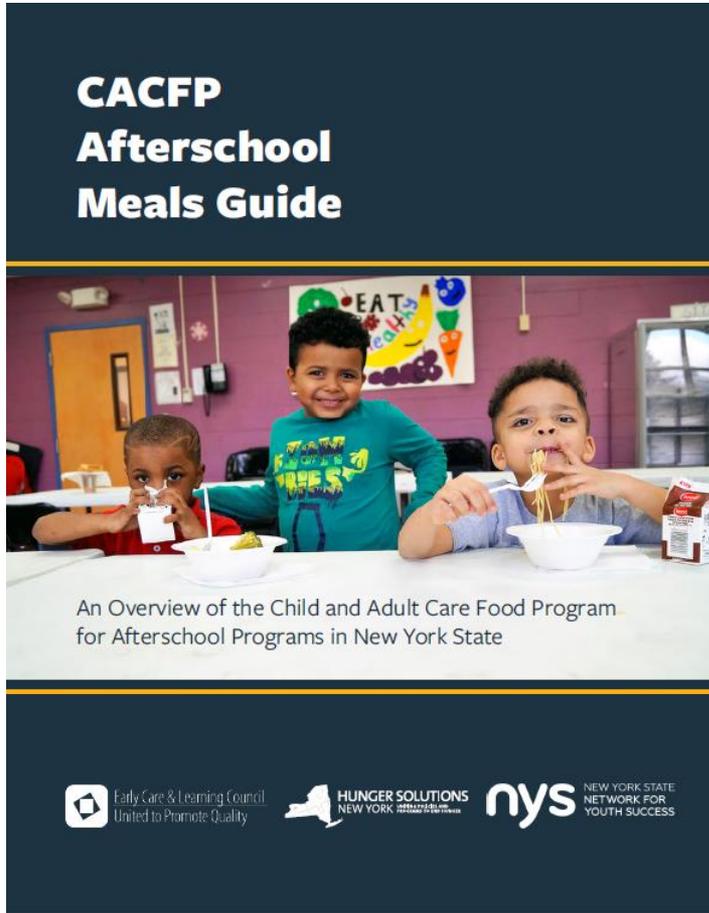
- **Apply for CACFP!**
To apply, contact NYS Department of Health: Call 518-402-7400 or email cacfp@health.ny.gov using the subject “Outreach Coordinator”
- Consider **switching from afterschool snacks to complete meals**, or serving both with ≥ 2.5 hours between.

Example Reimbursement
50 students x 180 days

Meals	Snacks	Meals + Snacks
\$30,690	\$8,460	\$39,150

- Help **spread the word** among other afterschool program providers and/or **serve as a food vendor** to provide food for those programs.

[AfterschoolMealsNY.org](https://afterschoolmealsny.org)



**CACFP
Afterschool
Meals Guide**

An Overview of the Child and Adult Care Food Program
for Afterschool Programs in New York State

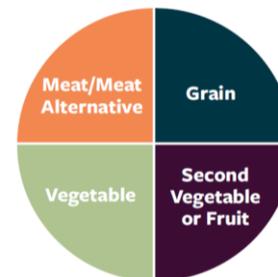
Early Care & Learning Council
United to Promote Quality

HUNGER SOLUTIONS
NEW YORK
UNITING POLICIES AND
PROGRAMS TO END HUNGER

nys NEW YORK STATE
NETWORK FOR
YOUTH SUCCESS

Our [CACFP Afterschool Meals Guide](#) features:

- Eligibility flow chart
- Sample menu
- School-Age Child Care registration fact sheet
- Sample reimbursement and application forms



Fluid Milk



Grilled chicken sandwich on a whole grain bun with carrot sticks, an apple, and 1% milk



Troy YMCA
Sponsor: Rensselaer County Dept. for Youth

- The Summer Food Service Program (SFSP) allows schools and community organizations to serve **free, healthy meals and snacks to youth** in eligible communities during the summer.
- **Alleviates summertime child hunger and summer learning loss.**
- **Sponsors** administer the program at the local level; **sites** are the locations where meals are served.
- At “open” sites, any child or teenager can drop in, no paperwork required. Open sites are located in eligible low-income areas, based on school meals or census data.

In 2019, **381 sponsors** were approved to serve healthy meals & snacks at **2,962 sites** across New York!

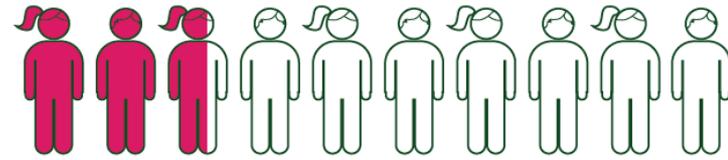


Source: NYS Education Department SFSP claims data.

IN NYS IN THE SUMMER OF 2017, ON AVERAGE:

Access Gap

Fewer than one-third of low-income children had access to summer lunch.



Only 27% of NYS's 1.06 million low-income children who rely on school meals ate SFSP lunch in July

Geographical Gap

Outside of New York City, fewer than one in five children had access to summer lunch.



36% of New York City's low-income children ate SFSP lunch in July

17% of the rest of the state's low-income children ate SFSP lunch in July

Many sites close **after mid-August**, and few open sites serve meals on **weekends**.

Strategies for increasing access:

- Expand the availability of summer meal sites in underserved areas.
- Raise awareness about summer meals among families and communities.
- Make sites more appealing and decrease stigma by pairing meals with activities.

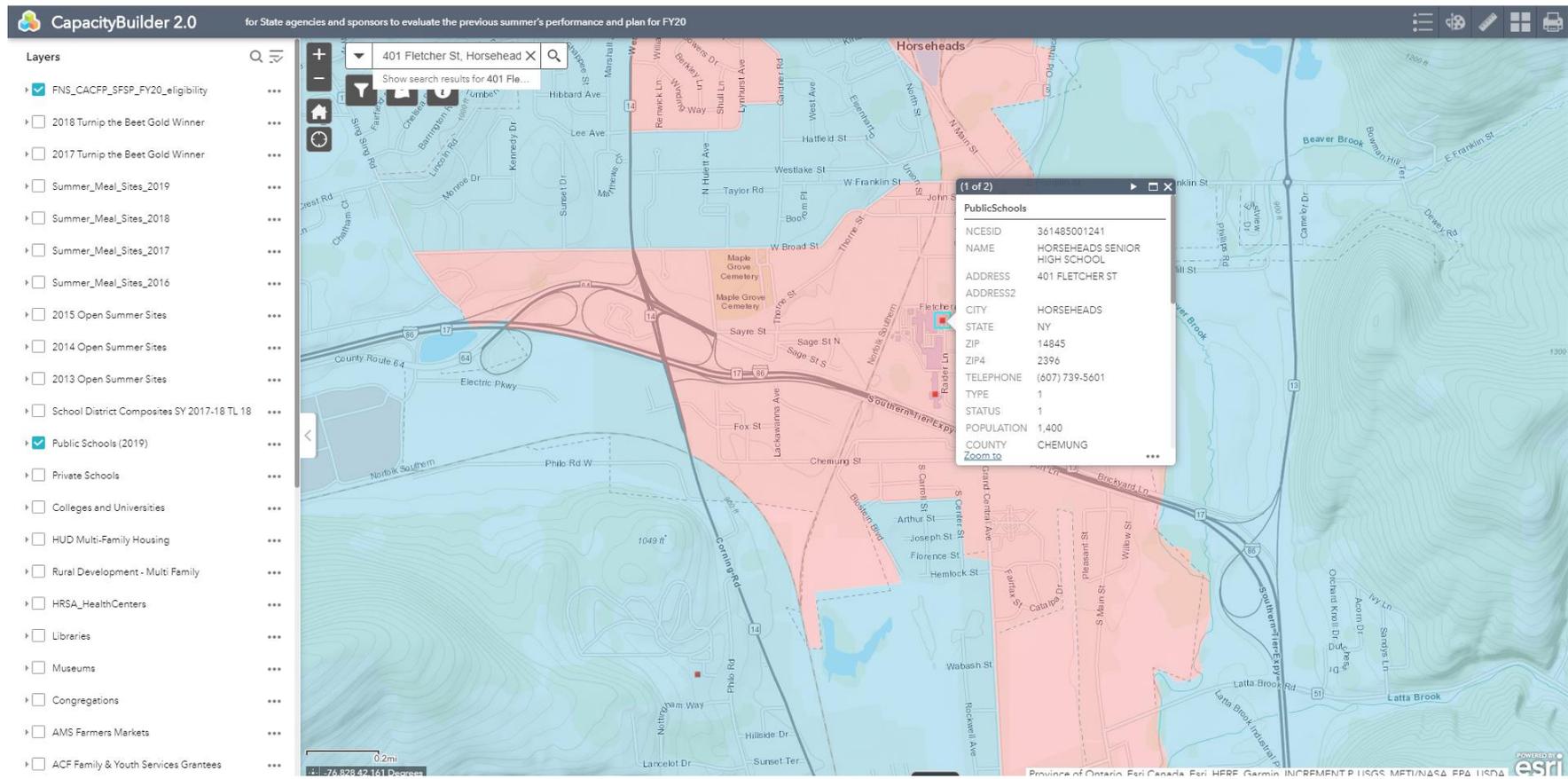


- Current sponsors: consider adding community sites, or expanding days and weeks of service.
- Schools not yet sponsoring: consider becoming a site, or a sponsor in underserved areas. Contact NYSED to learn more about becoming a sponsor: (518) 486-1086

Under-tapped sites include:	Tried-and-true sites include:
<ul style="list-style-type: none">• summer enrichment programs• housing communities• libraries• farmers' markets• health clinics and medical centers• YMCAs• Boys and Girls Clubs• museums	<ul style="list-style-type: none">• schools• faith-based organizations• public parks, playgrounds, and pools• low-cost summer camps



USDA Capacity Builder Map



CapacityBuilder 2.0 for State agencies and sponsors to evaluate the previous summer's performance and plan for FY20

Layers

- FNS_CACFP_SFSP_FY20_eligibility
- 2018 Turnip the Beet Gold Winner
- 2017 Turnip the Beet Gold Winner
- Summer_Meal_Sites_2019
- Summer_Meal_Sites_2018
- Summer_Meal_Sites_2017
- Summer_Meal_Sites_2016
- 2015 Open Summer Sites
- 2014 Open Summer Sites
- 2013 Open Summer Sites
- School District Composites SY 2017-18 TL 18
- Public Schools (2019)
- Private Schools
- Colleges and Universities
- HUD Multi-Family Housing
- Rural Development - Multi Family
- HRSA_HealthCenters
- Libraries
- Museums
- Congregations
- AMS Farmers Markets
- ACF Family & Youth Services Grantees

Search: 401 Fletcher St, Horsehead X

Show search results for 401 Fle...

(1 of 2)

PublicSchools

NCESID	361485001241
NAME	HORSEHEADS SENIOR HIGH SCHOOL
ADDRESS	401 FLETCHER ST
ADDRESS2	
CITY	HORSEHEADS
STATE	NY
ZIP	14845
ZIP4	2396
TELEPHONE	(607) 739-5601
TYPE	1
STATUS	1
POPULATION	1,400
COUNTY	CHEMUNG
Zoom to	...

0.2mi

Province of Ontario, Peri Canada, Peri HERE, Garmin, INCREMENT P, USGS, METI/NAS, EPA, USDA

Powered by Esri

SUMMER MEALS NY



When School's Out, Power Up for Summer Fun!

Summer meals are free, healthy meals for kids and teens served at favorite summertime places when the school year is over. Anyone ages 18 and under can come when breakfast, lunch, and/or snacks are served. There is no sign-up or paperwork, and adults are welcome to bring their own meals and eat with their kids. Many places that offer summer meals also have fun, enriching activities, too! See below for more information.



Find Summer Meals
call: 2-1-1 (statewide) or 3-1-1 (NYC)
text: "food" to 877-877
Para el español,
llame a: 877-842-6273
texto: "comida" al 877-877

Or use the map below to find places where summer meals are served.



Refer families to open sites. Site lists are updated weekly in the summer.



Parents & Families

Learn how the summer meals program works, and what kind of foods are served



Community Groups

Learn ways to help inform about summer meals, partner with sponsors, and serve summer meals



Find free outreach materials here.

Connecting with Partners

Order outreach flyers and rack cards from NYS Education Department.



Summer meals
are tasty deals—
Kids eat for free!

The **Summer Food Service Program** serves up free, healthy meals for kids and teens at favorite summertime places near here. Anyone ages 18 and under can drop by when breakfast, lunch, or snacks are served—bring a friend, too!

Find Summer Meals ▶ call: 2-1-1 or 1-866-3-HUNGRY
text: “food” to 877-877
visit: SummerMealsNY.org


The University of the State of New York
The State Education Department
Albany, NY 12234 • www.nysed.gov

Prepared by Hunger Solutions New York, funded by NYSOTDA, FRAC, The Walmart Foundation, Share Our Strength, and MAZON: A Jewish Response to Hunger.
These institutions are equal opportunity providers.



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Share [web button graphics](#) linked to SummerMealsNY.org on social media, in e-newsletters, and on your website.



Parks, Libraries, Schools, & More!
Find Summer Meals ▶



Summer Food Service Program in New York State 2018-2019 Sponsor Directory

Children of all ages need healthy food all year long to grow, learn, and play.

When the school year ends, the USDA's Summer Food Service Program (SFSP) ensures that children have access to nutritious meals throughout the summer months. These summer meals bridge the nutritional void that occurs when free and reduced-priced school meals are not available to brace kids' academic and physical development. All kids and teens ages 18 and younger (21 and younger for young adults with disabilities) may eat summer meals, where provided.

Thanks to the efforts of NYS Education Department and 377 sponsors, over 3,125 locations were approved to serve meals and snacks to children throughout New York State in the summer of 2018, including parks, schools, playgrounds, recreation centers, public pools, day and resident camps, housing authorities, libraries, and other places in their neighborhoods ([NYSEd, 2018](#)).

Sponsors make summer meals a success!

Hunger Solutions New York acknowledges and commends the work that each SFSP sponsor accomplishes every year. By operating the SFSP, sponsors not only provide children with nutritious food, but also create safe spaces in neighborhoods, build community relationships, invest in child well-being, and advance the cause of alleviating child hunger throughout the state.

All SFSP sponsors who operated open (welcoming all youth), closed-enrolled (for youth only in a specific program), and/or camp-setting programs during summer 2018 are listed. The directory's purpose is to bring attention to their local presence so that those interested in promoting and/or providing summer meals in underserved communities may easily connect with experienced sponsors.

To learn more about ways to support summer meals in your community, and/or provide updates to this directory, please contact Krista Hesdorfer at krista.hesdorfer@HungerSolutionsNY.org or (518) 436-8757 x137.

Additional Information and resources about the Summer Food Service Program:

United States Department of Agriculture:

fns.usda.gov/sfsp/summer-food-service-program and fns.usda.gov/capacitybuilder

New York State Education Department:

cn.nysed.gov/summerfoodserviceprogram

Food Research and Action Center:

frac.org/programs/summer-nutrition-programs

Share Our Strength:

bestpractices.nokidhungry.org/programs/summer-meals

Hunger Solutions New York:

SummerMealsNY.org

Thank you to the New York State Education Department, Child Nutrition Program Administration for providing the data on which this directory is based. November 2018. Funded by NYSOTDA, FRAC, The Walmart Foundation, and Share Our Strength. This institution is an equal opportunity provider.



Using this Directory:

Sponsors are listed alphabetically by the counties they serve. Scroll through to see all sponsors statewide, or click on a county name below to view sponsors within that county.

Albany County	Niagara County
Allegany County	Oneida County
Bronx County	Onondaga County
Broome County	Ontario County
Cattaraugus County	Orange County
Cayuga County	Orleans County
Chautauqua County	Oswego County
Chemung County	Otsego County
Chenango County	Putnam County
Clinton County	Queens County
Columbia County	Rensselaer County
Cortland County	Richmond County (Staten Island)
Delaware County	Rockland County
Dutchess County	Saint Lawrence County
Erie County	Saratoga County
Essex County	Schenectady County
Franklin County	Schoharie County
Fulton County	Schuyler County
Genesee County	Seneca County
Greene County	Steuben County
Hamilton County	Suffolk County
Herkimer County	Sullivan County
Jefferson County	Tioga County
Kings County (Brooklyn)	Tompkins County
Lewis County	Ulster County
Livingston County	Warren County
Madison County	Washington County
Monroe County	Wayne County
Montgomery County	Westchester County
Nassau County	Wyoming County
New York County (Manhattan)	Yates County



Note: not all counties had Summer Meals sponsors

SNAP:

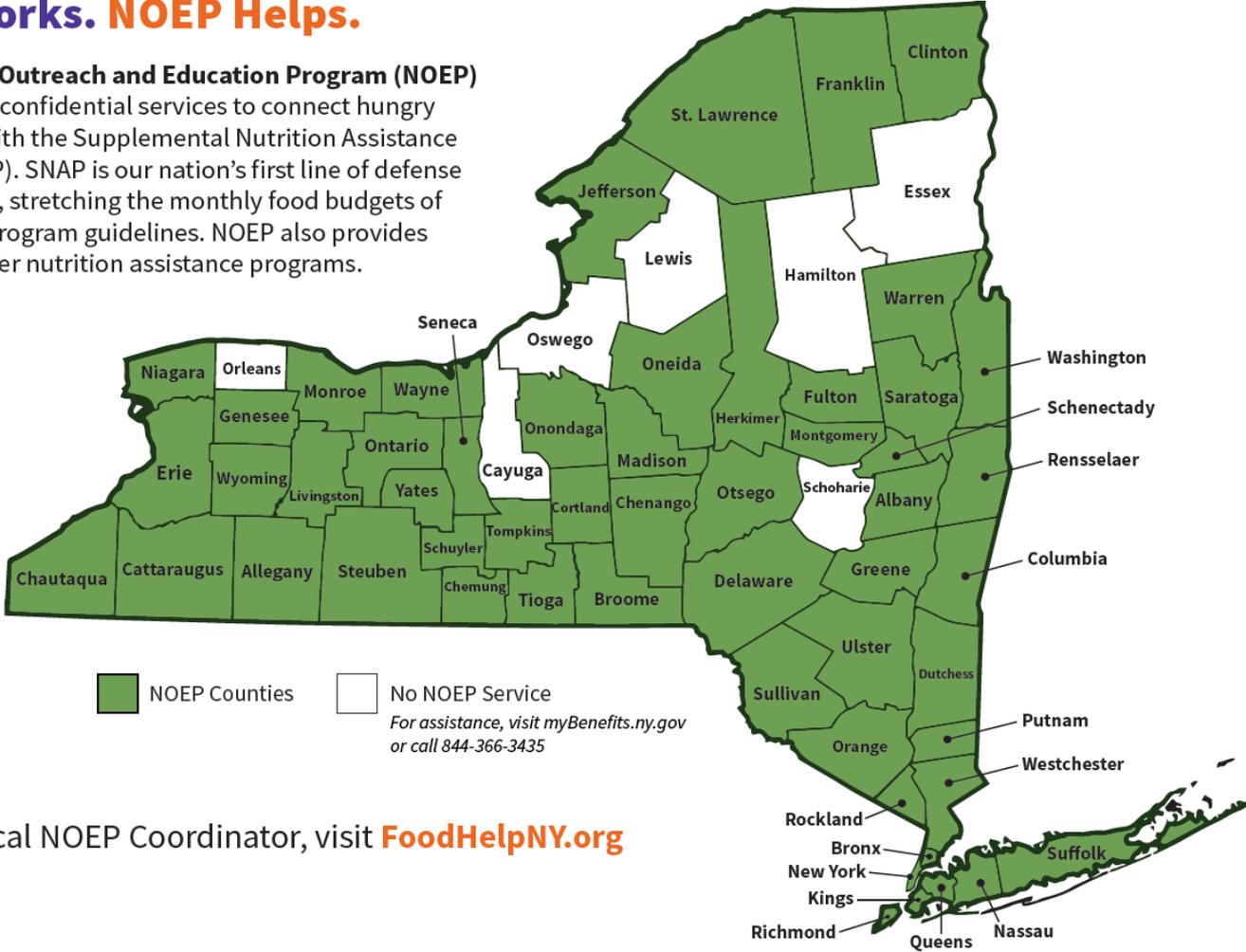
- Provides monthly benefits via EBT card to purchase food. Benefits are available for all who meet program guidelines.
- Is our nation's primary nutrition assistance program, serving more than **2.9 million New Yorkers**.
- Provides **12 meals for every 1 meal** provided by the Feeding America food pantry network.





SNAP Works. NOEP Helps.

The Nutrition Outreach and Education Program (NOEP) offers free and confidential services to connect hungry New Yorkers with the Supplemental Nutrition Assistance Program (SNAP). SNAP is our nation's first line of defense against hunger, stretching the monthly food budgets of all who meet program guidelines. NOEP also provides referrals to other nutrition assistance programs.



To find a local NOEP Coordinator, visit FoodHelpNY.org



- Conduct SNAP **outreach**.
- **Prescreen** for potential eligibility and benefit amount.
- Provide **application assistance** (e.g., filling out and submitting the application, gathering documents, etc.).
- Work with local government offices to ensure applications are processed correctly; if necessary, help **resolve barriers** to SNAP participation.
- Provide **referrals** for other nutrition assistance programs (e.g. summer meals, school meals).

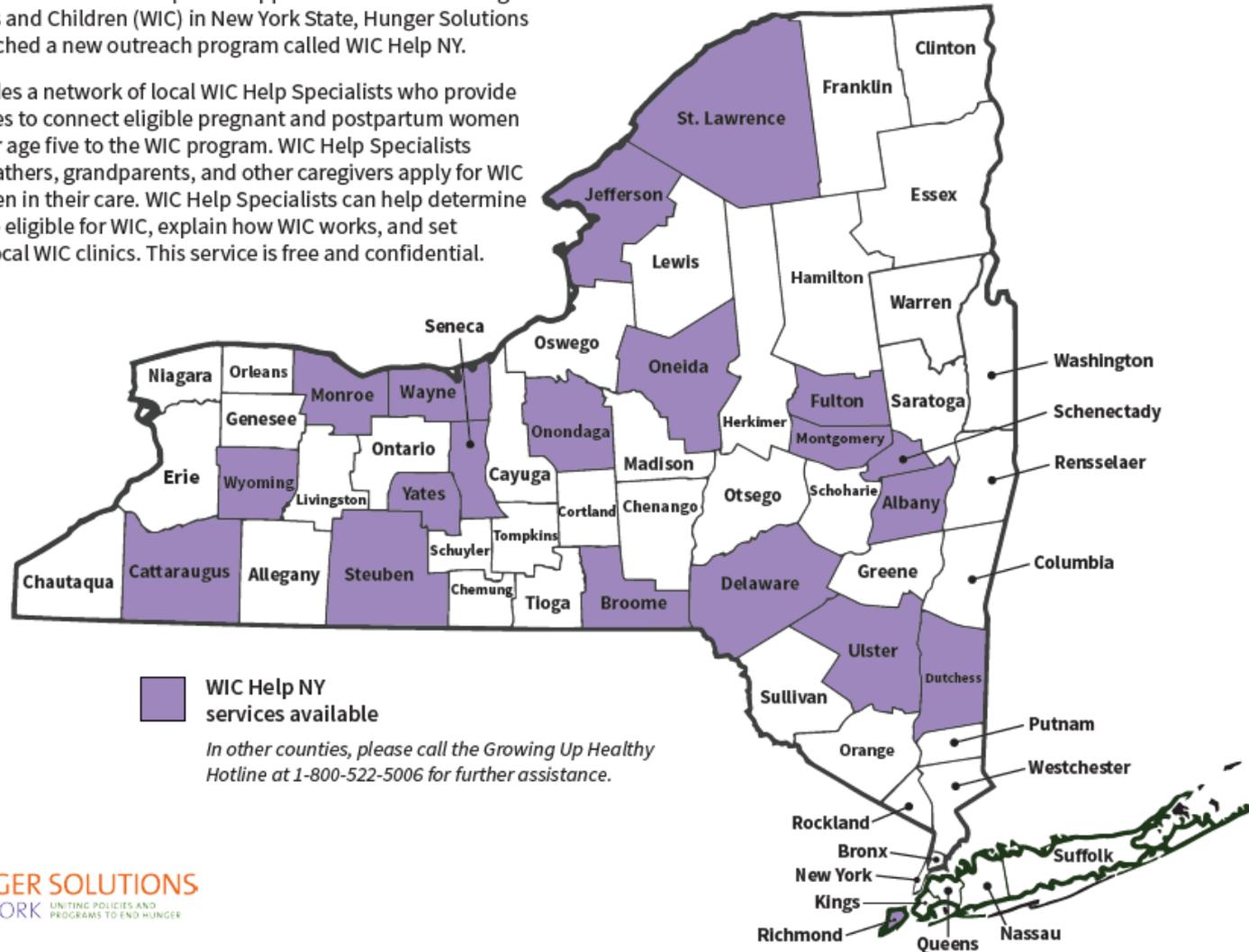
All services are free and confidential.



WIC Help NY

To increase enrollment in the USDA Special Supplemental Nutrition Program for Women, Infants and Children (WIC) in New York State, Hunger Solutions New York has launched a new outreach program called WIC Help NY.

WIC Help NY includes a network of local WIC Help Specialists who provide one-on-one services to connect eligible pregnant and postpartum women and children under age five to the WIC program. WIC Help Specialists also work to help fathers, grandparents, and other caregivers apply for WIC on behalf of children in their care. WIC Help Specialists can help determine if someone may be eligible for WIC, explain how WIC works, and set appointments at local WIC clinics. This service is free and confidential.



The WIC Help New York Program is **free** and **confidential**. It provides one-on-one services to connect families with the WIC Program.

WIC Help Specialists can :

- Tell them if they may be eligible for WIC.
- Answer their questions on how WIC works.
- Help with the documents they will need for their WIC appointment.
- Help the family set up their first appointment at a WIC clinic.

WIC Help Specialists can:

- **Provide outreach materials** on the WIC Help NY Program and WIC.
- Possibly **table at open houses and community events.**
- **Provide WIC Help New York Program assistance** to families who may be interested in applying for WIC.





Oh, yeah!
Shopping just got easier with eWIC!



The new eWIC card!

Shop for your WIC foods using your eWIC card:

- Swipe your eWIC card at the register just like a debit card.
- Buy food when it works best for you and your family. Just use all of your benefits before the end of your 30 day benefit cycle.
- Check your balance on the WIC2Go app.

It's that easy!

For help with WIC, find your local WIC Help Specialist at WICHelpNY.org. WIC Help Specialists tell you if you may be eligible for WIC, and help you set up and prepare for your first appointment at a WIC clinic near you. It is free and confidential.

WIC Help Specialists are available in 20 counties across New York State. In other counties, call the **Growing Up Healthy Hotline** at 1-800-522-5006 and ask for help with WIC.

Funded by NYSDOH and USDA/INS.
This institution is an equal opportunity provider.



Good nutrition during pregnancy and in the first years of your child's life is very important.

WIC provides pregnant women, new and breastfeeding moms, and children under age 5 with healthy food, breastfeeding support, nutrition advice, and referrals to other services. Dads, grandparents, and caregivers can also apply for children in their care.

WIC can improve lifetime health for women, their infants, and young children. WIC may be able to help you and your child!

You may be eligible for WIC if you are:

- Pregnant.
- A mother of a baby up to 6 months old.
- A mother of a breastfeeding baby up to 12 months old.
- A child under the age of 5.

To get WIC, you and/or your child must:

- Meet age and other eligibility rules.
- Live in New York State.
- Meet income guidelines, or receive benefits from Medicaid, SNAP, or TANF.



eWIC is a new way to shop with WIC benefits. eWIC includes a new electronic card that works just like a debit card. No more paper checks! The WIC2Go app makes shopping with WIC easier than ever.

WICHelpNY.org



Are you a dad, grandparent, or caregiver of a child under age 5? WIC can help.

WIC can provide healthy food for infants and children, nutrition advice, and more that can help your child stay healthy.

Now, there is a new way to shop with WIC! eWIC includes a new electronic card that works just like a debit card. No more paper checks! The WIC2Go app makes shopping with WIC easier than ever.

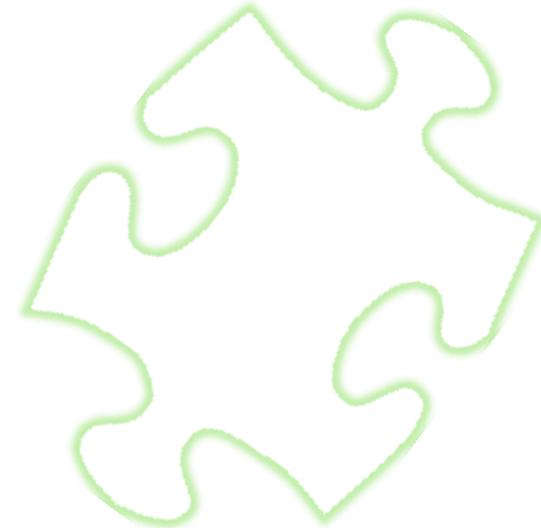
The WIC Help NY program can help you! WIC Help Specialists are located in 20 counties across New York State. They can tell you if you may be eligible for WIC, and help you set up and prepare for your first appointment at a WIC clinic near you. It is free and confidential. Visit WICHelpNY.org to find a local WIC Help Specialist. In other counties, get WIC help by calling the Growing Up Healthy Hotline at 1-800-522-5006.

Encourage schools to maximize participation in the federal nutrition assistance programs by:

1. Offering **universal school breakfast and lunch.**
2. Improving access to the School Breakfast Program with **Breakfast After the Bell.**
3. Serving and/or promoting **summer meals** and **afterschool meals.**
4. Connecting eligible families with **SNAP** and **WIC.**



- Provide tools and resources (reports, county- and district-level statistics)
- Individualized assistance and program support
- Provide outreach materials templates
- Advocate for policy change at the local, state and federal levels
- [Sign up](#) for advocacy alerts



School Meals

[SchoolMealsHubNY.org](https://www.schoolmeals.org)

CACFP's **Afterschool Meals** & **Childcare Meals**

[AfterschoolMealsNY.org](https://www.afterschoolmeals.org) & [ChildcareMealsNY.org](https://www.childcaremeals.org)

Summer Meals

[SummerMealsNY.org](https://www.summermeals.org)

SNAP | Nutrition Outreach and Education Program (NOEP)

[FoodHelpNY.org](https://www.foodhelpny.org)

WIC Help New York

[WICHelpNY.org](https://www.wichelpny.org)



Questions?

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Funded by NYSOTDA, NYSOCFS, NYSDOH, USDA/FNS, FRAC, The Walmart Foundation, and Share Our Strength. This institution is an equal opportunity provider.

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